

Agency 101

Ventura County “Agency 101” Resource Directory

Community resources for children and youth
who are at risk for out of home placement
or intensive services, and their families

A joint interagency project with many agencies, collaboratively funded by:

- Ventura County Behavioral Health (VCBH)
- Ventura County Human Services Agency Children & Family Services (CFS)
- Ventura County Office of Education- Special Populations
- Ventura County Probation Agency
- Ventura County Special Education Local Plan Area (SELPA)

2018–2019

This document is available in digital format at www.vcselpa.org. Click on “Publications”

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CHILD CARE/RESPITE/AFTER SCHOOL CARE

Category	Phone	Web Address	Eligibility/Cost	Program Description
Berylwood Family Resource Center -Moorpark/Simi Valley Neighborhood for Learning First 5 Ventura County	(805) 582-1214	www.mpsvnfl.com	Free services for families with children birth to 5 years.	Neighborhood based drop-in center offering info and referral activities, mental health and dental services, parent education classes and workshops, adult ESL classes, mobile pre-school van, and assistance with Medi-Cal and Healthy Family applications
Big Brothers/Big Sisters of Ventura County	(805) 484-2282	www.bbsvc.org	Boys age 8-14 Girls age 6-14	Provides children w/caring adult volunteer mentors
Boys & Girls Club-Camarillo Boys & Girls Club Oxnard and Port Hueneme Boys & Girls Club-Santa Paula Boys & Girls Club-Ventura Boys & Girls Club of Simi Valley	(805) 482-8113 (805) 815-4959 (805) 525-7910 (805) 641-5585 (805) 527-4437	www.bgccam.org www.bgcop.org www.santapaulachamber.net www.bgclubventura.org www.bgcsimi.com	Membership	After-school program for ages 6-17 yrs; focus on education, health & character
Cal SAFE Teens -Ventura County Office of Education	(805) 437-1528	www.vcoe.org/specialpopulations/CalSAFE	Free	California School Age Families Education Program (Cal-SAFE): School-based comprehensive, integrated, community-linked program that services pregnant and parenting teens and their children
Channel Islands Social Services	(805) 384-0983	www.islandsocialservices.org	FREE to Regional Center families, Foster Parents in Ventura County, and Kinship Families with VC court-ordered custody.	In-Home Respite Care to families throughout Ventura County Respite: Caregivers provide care in the family's own home and to local community outings to give the primary caregivers a short, regular break
Child Development Resources	(805) 485-7878 Belia Soto X 1624 Sandra Navarro Preciado X1309	www.cdrv.org Belia.Soto@cdrv.org Sandra.navarro@cdrv.org	CDR provides assistance with Childcare Needs and Resources and Referral for child Care Providers. Early Head Start/Head Start provides free comprehensive services for children birth to five, including pregnant women. Preschools available throughout Ventura County which provide nutritious meals or snacks.	Childcare, Subsidies, Resources and Referral Programs Early Head Start, Head Start and State Preschool Programs
Children's Home Society of California	(805) 437-1910	www.chs-ca.org	Free for families with income eligible parents and one or more qualifying needs for services	Subsidized child care program for income eligible families Free brochures, interactive materials and newsletters on various parenting topics Post adoption support
Conejo Recreation and Park District -Therapeutic Recreation Unit	(805) 381-2735	www.crpdp.org	Programs are designed for individuals with special needs. There is a cost.	Provides year-round recreation, sport and leisure programs for children, teens and adults who have difficulty participating in recreation due to a disability, which may include cognitive, neurological, physical or emotional disabilities and/or sensory impairments Formal diagnosis not required
Rancho Simi Recreation and Park District	(805) 584-4400	www.rsrpd.org	Cost (Discount available for low income families)	After School Care for elementary age at eight Simi Valley Unified School District campuses and all three Middle School Campuses Elementary and Middle School After School Clubs in Oak Park as well
United Parents Respite Program	(805) 384-1555	www.unitedparents.org	Child/teen must be a client of Ventura County Behavioral Health Copay/Sliding Scale	Provides a short-term break for parents/caregivers raising children with mental health, emotional and behavioral disorders Offers group and individual activities that promote pro-social interactions with other children
Ventura County Office of Education -CalSAFE	(805) 437-1379	www.vcoe.org	Free	State-funded after school programs

EDUCATION				
Category	Phone	Web Address	Eligibility/Cost	Program Description
AFA HUB		www.afahub.com	Free to individuals over 18 who are actively served by Tri-Counties Regional Center	Vocational Training in Animation, Film, Video Game Design, Visual Effects and 360VR
Aspiranet -Collaborative Educational Supports (COEDS)	(805) 289-0120 Ext 3035	www.aspiranet.org	Student must have IEP and ERSES eligibility	Provides Educationally Related Social Emotional Services (ERSES) to special education students as determined by their IEP team and who have needs that interfere with their ability to access their special education program. These behaviors require one-to-one assistance and may put the student at risk of requiring residential treatment services. COEDS is intended to supplement ERSES provided at school by addressing home behavior(s), symptoms and/or family challenges that are jeopardizing the student's access to his/her special education program.
California Self-Directed Services	(888) 598-2737	www.californiasds.com	Free to individuals 18+ years of age that are actively served by Tri-Counties Regional Center	Independent living and supported living services: Life skills training, supports and services for living in one's own home, and transitional services from a family home to a home of one's own
California State University Channel Islands	(805) 437-8400	www.csuci.edu	High School Diploma	
California State University, Northridge	(818) 677-2578	www.csun.edu/cod	High School Diploma	
Camarillo Public Library	(805) 388-5222	www.camarillolibrary.org	No Cost	Access to print, DVD and audiobook collections; variety of programs are presented including a homework center that offers homework help to students K-8 Grade
Center4SpecialNeeds	(805) 379-1681	www.center4specialneeds.org	Cost: Private pay, payment plans, scholarships available & vendored with Department of Rehabilitation	The program educates employees with disabilities about the interpersonal and practical skills needed to succeed in the workplace. Our job skills program provides access to real-world experience via professional guest speakers and field trips to tour local businesses. Individual Job Coaching is also available.
Child Development Resources	(805) 485-7878	www.cdrv.org	Free	Preschool/Early Head Start Head Start
Children's Services Auxiliary (CSA)	(805) 751-8697	www.csavc.org/scholarships.html	Free to Ventura County's court-dependent children (foster care, group homes, Casa Pacifica, relatives or guardians, court supervision).	<i>Joan Gendreau and Fostering the Future Scholarships:</i> CSA awards scholarships to Court Dependent graduating high school students or GED equivalent who are applying to at least one of the following: Vocational/Trade School, Community College, 4-year College and/or applying to the Military after high school or GED completion. <i>Computers:</i> CSA provides students and college bound youth laptop computers.
First 5 Ventura County	(805) 648-9990	www.first5ventura.org	Free	Through 11 Neighborhoods for Learning (NFLs) and dozens of community and agency partnerships, we develop, operate and fund high quality early learning, health and family resources for children prenatal through age 5.
Huntington Learning Center	(805) 494-3044	www.huntingtonhelps.com	Cost K-12	Individual testing and tutoring: Reading, Study Skills, Writing, Phonics, Spelling, Math, SAT/ACT Prep, Subject Tutoring
PathPoint	(805) 202-6887	www.PathPoint.org	No Cost. Requirements: VC resident, 16-24 yrs., low-income, probation, homeless, pregnant/parenting, substance abuse, mental health/learning disability, foster youth, basic skills deficient, live in gang area or drop-out	Provides support services in the areas of education, tutoring, employment, vocational training, work readiness, career planning, internships, & more
School on Wheels	(805) 641-1678	www.schoolonwheels.org	Free. Requirements: Must be a homeless student or group foster home student in K-12 Note: Long term doubled up students do not qualify.	One-on-one tutoring, school supplies, scholarship opportunities Volunteer tutors meet with students a minimum of 1 hour/week after school at the nearest public location to student, i.e., library, school of attendance, shelter in which they reside, etc. All tutors are fingerprinted, reference checked and trained.
Simi Valley Public Library	(805) 526-1735	www.simivalleylibrary.org	Free to all	Access to millions of print, media and online resources; free Wi-Fi and PC access; ongoing literacy instruction and support for children, teens and adults

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The Arc of Ventura County	(805) 650-8611	www.thearcvc.org	No Cost	Non-profit organization dedicated to improving the quality of life for individuals with intellectual and developmental disabilities
TUTORIFIC!	(805) 482-3730	www.tutorific.org	Tutoring for foster children/youth, K-12	Partial scholarships for kinship & NREFM students and other Special Populations with agency referral; clinics in Camarillo & Ventura, as well as tutoring at many libraries & schools
United Parents Educational Advocacy	(805) 384-1555	www.unitedparents.org	Free services for children/teens in Juvenile Justice or Child & Family Services systems Sliding Scale	Helps families navigate the complex special education system to identify and obtain appropriate educational services; provides parents with information on how to be an effective advocate for their child/teen
Ventura Adult Education	(805) 289-7925	www.adultedventura.edu		Opportunities to learn at every stage of life
Ventura County Community College District -Moorpark College ACCESS (Accessibility Coordination Center & Educational Support Services)	(805) 378-1461 Phone/TDD	www.moorparkcollege.edu/departments/student-services/access	Documented Disability	Assures all Moorpark College classes, activities and facilities are accessible to all qualified students
Ventura County Community College District -Foster & Kinship Care Education	(805) 289-6327	www.venturacollege.edu/community/foster-and-kinship-care-education-program	No Cost	Education and support for people parenting a foster child or relative
Ventura County Community College District ----- Ventura College Educational Assistance Center	(805) 289-6300	www.venturacollege.edu	Documented Disability	Students with verified disabilities develop educational plans/contracts in line with their goals for educational development and employment
Ventura County Library	(805) 677-7150	www.vencolibrary.org	Free	Access to all library services; reading instruction for adults, homework centers, early literacy classes Free Wi-Fi and computer access
Ventura County Office of Education -Health & Prevention Programs	(805)437-1370	www.vcoe.org/health		Provides professional development, leadership and collaboration to support academic achievement and healthy behavioral outcomes for students Focus is: Alcohol, Tobacco, Other Drug and Violence prevention education; Friday Night Live and Suicide Prevention
Ventura County Office of Education -Foster Youth Services Coordinating Program (Special Populations)	(805) 437-1525	https://www.vcoe.org/Special-Populations/Foster-Youth-Services	Students in foster care, grades K-12	Provides countywide collaboration and coordination of educational services for foster youth Advocates for foster youth in the public-school system; can assist with records transfer, school of origin assistance, college readiness; assists school districts with technical assistance and legislative updates
Ventura County Office of Education -----Career Education Center	(805) 437-1420	www.vcoe.org/cec	High school students receive priority.	Provides hands on career preparation for students age 16 to adult with technical skills required for dozens of careers; community-based internships in local businesses and industry sites offered in many classes
Ventura County Office of Education -School Attendance Review Board	(805) 437-1301	www.vcoe.org/sarb		The Ventura County School Attendance Review Board (SARB) provides consultant services and coordinates activities of local school attendance review boards in meeting the special needs of pupils with school attendance or behavior problems.
Ventura County SELPA -Special Education Local Plan Area	(805) 437-1560	www.vcselpa.org	Special education eligibility (13 disabilities) 0 to 22 years (no diploma yet)	Special education oversight and support for all school districts in Ventura County as well as the Las Virgenes SD; provides in-home intensive social-emotional support to special education students; Workability Program

Category	Phone	Web Address	Eligibility/Cost	Program Description
Vista Real Public Charter High School	(877) 360-LEARN	www.vrchs.org	Ages 14-18, 19-24 (if enrolled in a federally funded workforce readiness program) No Cost.	Independent Study High School Diploma Program Personalized learning, flexibility, one-on-one attention and workforce readiness programs

EMPLOYMENT

Category	Phone	Web Address	Eligibility/Cost	Program Description
America's Job Center - West Oxnard - Simi Valley/Thousand Oaks - Ventura	(800) 500-7705	www.ventura.org/human-services-agency/online-resource-for-job-seekers	Free	Training, recruitment, job fairs, job search assistance and resources for employment
California Conservation Corps	(805) 278-2787	www.ccc.ca.gov	18-23 yrs	State run agency that puts young people together with the environment to the benefit of both
Center4SpecialNeeds	(805) 379-1681	www.center4specialneeds.org	Cost: Private pay, payment plans, scholarships available; vendored with Department of Rehabilitation	The program educates employees with disabilities about the interpersonal and practical skills needed to succeed in the workplace. Our job skills program provides access to real-world experience via professional guest speakers and field trips to tour local businesses. Individual Job Coaching is also available.
Department of Rehabilitation	(805) 385-2400	www.dor.ca.gov	Free to all ages	Career preparation, training, job placement, job coaching and support
Employment Development Dept (EDD)	(805) 204-5171	www.ventura.org/human-services-agency/online-resource-for-job-seekers	Free	Support for job search and retention
Goodwill -Ventura and Santa Barbara Counties	(805) 981-0130	www.goodwillvsb.org	Must be referred through county offices or be receiving unemployment to qualify for employment services	Provides employment and job readiness services to clients with barriers to employment Provides subsidized employment opportunities to businesses
Lutheran Social Services of So Cal	(805) 497-6207	www.lsssc.org	No Cost	Provides employment leads, resume building, interview clothing
PathPoint	(805) 520-8744 Ext 1413	www.PathPoint.org	No Cost Requirements: VC resident, 16-24 yrs., TCRC or DOR client, low-income, probation, pregnant/parenting, substance abuse, homeless, mental health/learning disability, foster youth, underemployed, basic skills deficient, lives in gang area or drop-out.	Provides support services in the areas of education, tutoring, employment, vocational training, work readiness, career planning, internships, and more
Reid's Gift, Inc.	(310) 853-0794	www.reidsgift.org	Adults with developmental disabilities	Programs in Camarillo, Thousand Oaks, Woodland Hills and West Los Angeles
Simi Valley Youth Employment Service	(805) 522-4473	www.simivalley.org	Free for Simi Valley residents 16-22	Employment Services
The Arc of Ventura County	(805) 650-8611	www.thearcvc.org	No cost to the individual seeking services Must be eligible for Regional Center services to enroll	Provide job development, job placement, job coaching and environmental situational assessments (ESA)
Ventura County Office of Education -Career Education Center	(805) 437-1420	www.vcoe.org/career-education-center	Free to high school juniors, seniors, adults	Career preparation courses and internships
Villa Esperanza Services	(805) 446-1939	www.villaesperanzaservices.org	18 and up; client of TCRC or another Regional Center	Job placements, ongoing job coaching, resume and interview assistance. Employment counseling and job fairs

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Workability VC SELPA Transition Activities (all districts except Conejo and Las Virgenes) -Conejo -Las Virgenes	(805) 437-1560 (805) 402-0230 (818) 880-4614	www.vcseelpa.org	High School (15-22 yrs) in Special Education Youth who have not yet obtained employment	Career preparation, exploration and experience
Workforce Investment Board -Youth Employment Programs	(805) 477-5306	www.workforceventuracounty.org/	Youth Employment: Out of school youth, 18-21, in greater Oxnard area who meet income eligibility guidelines Adults: Job & Career Center Services available to all on a walk-in basis	Employment Services for both job seekers and employers; encompasses training, recruitment, and job fairs; job search assistance and resources available at several Job & Career Centers throughout the County

FAMILY SUPPORTS

Category	Phone	Web Address	Eligibility/Cost	Program Description
Aspira Counseling -Drug and Alcohol Education and Outpatient Treatment	(805) 305-0068	www.aspiracounseling.com	Adults Cost: Free Support Group Drug Testing Sliding Scale Services Full Price Services	Different levels of outpatient services, i.e., classes on drugs and alcohol for family members Court orders, CPS cases; voluntary drug and alcohol treatment; drug testing (breath, urine, dry blood, nail or patch); Court drug and alcohol evaluations for out of state cases, immigration court
Aspiranet -Foster Care and Adoption	(805) 289-0120	www.aspiranet.org/programs/foster-and-adoptive-families mschneider@aspiranet.org	Eligibility based on dependency through the Juvenile Court; referrals received through the county Services are free	Aspiranet is a foster care and adoption agency. We recruit, train and support foster families. We are committed to matching the home that is best suited to meet the needs of a child while also considering the best fit for the family. Aspiranet offers the Intensive Services Foster Care Model aimed at matching foster youth who need a higher-level care with therapeutic foster homes.
Aspiranet -Intensive Home-Based Services (HBS) -Therapeutic Behavioral Services (TBS)	(805) 289-0120	www.aspiranet.org/programs/intensive-home-based-services eferguson@aspiranet.org	Youth ages 0-21 Full scope Medi-Cal (service is free to families referred by treating county of community-based clinicians HBS clients are either probation or child welfare youth Behaviors of concern must be placing client at risk of losing placement	These programs use individualized strengths-based behavioral interventions in order to improve behaviors that are impairing functioning and putting a youth's placement at risk. Each IHBS/TBS team consists of a Support Counselor who works directly with the youth, a Clinician who writes the treatment plan and provides clinical guidance to treatment. IHBS clients may also request a Parent Partner to work directly with the parents on parenting techniques.
Aspiranet -In Home Supports -Pathways Home VISITING Prevention Program -PAL Parents as Leaders Program -Court Mandate Program	(805)289-0120	lgurrola@aspiranet.org	Free Must be referred by Children & Family Services	In-home parenting services to families that have been identified by Children & Family Services; will work with families to assist them through resource referrals/linkages and education on family life skills in order to ameliorate the home environment so that the children will be healthy and safe and no longer at risk for child abuse and neglect. Duration of services is dependent on the individual family's needs and receptivity to services from 1 visit to 4 months of visits. The PAL Program offers peer to peer mentorship and in-home parenting. The PAL Program is unique in that it utilizes parents who have successfully reunified to mentor and support parents currently navigating the CFS system. This is a collaborative effort with Aspiranet and CFS to support the Strengthening Families Model and increase family strengthening efforts through support and education. If you have a parent who you feel will benefit from this program, please contact Lilia Gurrola at lgurrola@aspiranet.org .
Aspiranet -Transitional Aged Youth (THP+FC)	(805) 289-0120	www.aspiranet.org/programs/transitional-aged-youth lwoodruff@aspiranet.org	Eligibility based on court dependency for youth ages 18-21 Referrals received from county (DCFS and Probation)	This program works with foster youth who have reached age 18 and agree to enter extended foster care. Youth will be taught to live independently in an apartment under the auspices of AB12.

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Autism Society of Ventura County	(805) 496-1632	www.autismventura.org	Free	We are an all-volunteer board and the local chapter of the National Autism Society. Our Mission is to improve the lives of all affected by autism. We provide information pertinent to the needs of individuals who carry the diagnosis, their families, caregivers and service providers. We also endeavor to promote awareness about ASD to the general community. We host an annual Resource Fair and Fundraiser Fair called Aut2Run. Community vendors/providers are welcome to join the Resource Fair, and all are welcome to participate in our Fun Run. More information at www.Aut2Run.org
Boys Town National Hotline	(800) 448-3000	www.boystown.org	Free	Resource and counseling service that assists youth and parents
Cal Lutheran Community Counseling Centers	(805) 493-3390	www.clucounseling.org	\$20 intake; sliding scale \$20-\$50 with grants to subsidize fees	Two centers at the Oxnard and Westlake Village CLU campuses provide family, individual, group, couple and child counseling services
Camarillo Hospice	(805) 389-6870 Ext 25	www.camarillohospice.org		Volunteer organization that provides practical and emotional support to individuals living with a life-limiting illness and their families, friends and caregivers as well as individual, family and group bereavement counseling to those who have lost a loved one. Grief groups for children and teens
Casa Pacifica -Foster Family Agency (FFA) -Intensive Treatment for Foster Care (ISFC)	(805) 366-4355	www.casapacifica.org	Eligibility based on dependency through the Juvenile Court Referrals received through the county services are free	We are recruiting parents to serve as foster family homes for local youth. Intensive Services Foster Care will place one child with each family, and the parents will be part of the therapeutic milieu team. We provide training and oversight for the parents as well as social work and therapy services.
Casa Pacifica -Wrap Around Program	(805) 366-4325	www.casapacifica.org	Referrals must be made through HSA, Probation or AAP only	Keeps children in their own homes and communities who would otherwise be placed in out-of-home care settings Accomplished by creating a unique team comprised of professionals and individuals who know and care about the family
Center4SpecialNeeds	(805) 379-1681	www.center4specialneeds.org	Private pay with scholarships available; financial assistance for copays relative to treatments and interventions to low income families.	Parent support groups including Mom's Coffee, Mom's and Dad's Night Out, Parent Mentor Program. Weekly Social Skills for Kids and Teens led by clinicians. Peer-facilitated Young Adult Social Club for independent adults with disabilities.
Channel Islands Social Services	(805) 384-0983	www.islandsocialservices.org	Free to Regional Center families, Foster Parents in Ventura County and Kinship Families with VC court-ordered custody	In-Home Respite Care to families throughout Ventura County Respite Caregivers provide care in the family's own home and to local community outings to give the primary caregivers a short, regular break.
Children's Services Auxiliary (CSA)	(805) 751-8697	www.csavc.org	Free to Ventura County-s court-dependent children (foster care, group homes, Casa Pacifica, relatives or guardians, court supervision).	CSA provides reimbursement and funding for emergency clothing, medical/dental, classes, sports, activities and camp. <i>*As per guidelines and availability of funds.</i>
Coalition for Family Harmony	(805) 983-6014	www.thecoalition.org	Free, sliding scale and full price services	Provides direct services to victims of domestic violence and sexual assault. Educates the community regarding violence against women
Community Coalition for Stronger Families (CCSF)	(805) 983-3636 Ext 105	www.cityimpact.com	No Cost	Building stronger families and communities through advocating for education, skill building, and breaking down barriers
County of Ventura Department of Child Support Services	(866) 901-3212	www.ventura.org/department-of-child-support-services		Locates non-custodial parents, establishes paternity, establishes and modifies child and medical support orders and collects and distributes child support payments
County of Ventura Human Services Agency ---- Children and Family Services	(805) 654-3200 24-hour hotline	www.ventura.org/human-services-agency		Provides protection for children who are at risk of or are being physically, sexually or emotionally abused, neglected or exploited
County of Ventura Human Services Agency -Foster VC Kids	(805) 654-3220	www.fostervckids.org	-	Provides recruitment, training and support services for Resource Families, including adoptive, foster and approved relative caregivers countywide who are caring for children in the Ventura County Foster Care System

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County of Ventura Human Services Agency -Public Authority	(805) 654-3416	www.ventura.org/human-services-agency	Non-Registry (Family based): Recipient must receive services from In Home Support, followed by application process with Public Authority Registry: 18 yrs old, at least 6 months experience caregiving, ID, social security and application process	In Home Supportive Services (IHSS) consumers need quality care so that they can remain safe and comfortable in their homes. Some IHSS consumers choose a relative or friend, but others need help finding a quality care provider. IHSS Public Authority provides referral services to IHSS Providers who want to be matched with an IHSS consumer.
El Concilio	(805) 486-9777	www.elconciliofs.org/	Servicing all Ventura County residents Free to low income qualified	Provide direct services and referrals to all Ventura County residents on basic needs such as housing, food pantries, social security, Medicare, medical, etc. All services provided in Spanish/English
Engage Treatment Programs	(805) 497-0605	www.engagetherapy.com	Pre-Teens 9-12 Teens 13-17 Adults 17-24	Outpatient Programs. <i>Engage Me</i> , supports pre-teens in managing symptoms of a mental health diagnosis. <i>Engage Recovery</i> supports teens in learning skills and support to lead a healthy and sober lifestyle. <i>Engage Thrive is</i> for young adults struggling with mental health issues in the transition from teen to adulthood
Evolve Treatment Centers	(877) 620-4598	www.evolutetreatment.com	Ages 12-17	Offers solution focused, evidence-based programs which help teens envision and create a future worth living for.
Help Me Grow Ventura County -(A network of local partners) Funding and strategic direction: <i>First 5 Ventura County</i> Leadership: <i>Landon Pediatric Foundation</i> <i>VCPH Children's Health Promotion</i>		www.helpmegrowvc.org info@helpmegrowvc.org	Free Target Population: <i>Families of young children (0-5)</i> <i>Children with developmental and behavioral needs</i>	Promotes early identification of young children and provides linkage to community resources. Help Me Grow consists of a network of local partners focused on early intervention, early childhood education, early childhood special education and family support. Through partnerships, may provide developmental screening, parent navigation and/or parent education.
Interface Children & Family Services -Runaway, Homeless Youth Program	(805) 485-6114 (805) 469-5882 24/7 Youth Outreach Line	www.icfs.org	Varies depending on service requested Youth ages 12-21 No cost to family Focus population: Runaway and homeless youth and youth at risk of running away or becoming homeless	Provides mental health services, walk-in resources and referral to Interface and/or other community services 24/7 crisis response to youth by phone or at school site, police department or Interface site to provide conflict resolution, resource and/or referrals to community supports; youth development activities, mediation counseling, follow-up support
Kids and Families Together	(805) 643-1446	www.kidsandfamilies.org	Foster/Resource, Kinship (Relatives/Caregivers) and adoptive families who are full-time parents of children of other relatives, neighbors, friends or family.	Support, resources, education and counseling services as well as access to community services
Koinonia Family	(805) 485-3884	www.kfh.org		Foster Care, adoption and family services
Livingston Memorial	(805) 642-0239	www.lmvna.org		Hospice and grief counseling
Oceanview Behavioral Support Day Program	(805) 986-4818	www.oceanviewadultdayprogram.com	Ages 18-80 Eligibility based on enrollment in TCRC	Positive behavior support program working with families, individuals and group homes in achieving independence and confidence while building self-esteem; person centered approach developing strategies that help the individual in a collaborative effort with their circle of support
Office of Youth Safety -End Gang Violence	(805) 385-7471	Youth.Safety@ci.oxnard.ca.us	No cost referral for gang involved, gang affiliated and other at-risk youth and their families	The Office of Youth Safety coordinates the City of Oxnard's gang reduction efforts aimed at preventing gang activity, expanding youth development and opportunity in the community, responding to crisis/violent incidents and interrupting the cycle of violence through cooperation and collaboration with community members, partner agencies and organizations.

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One Step A La Vez ----(Fillmore and	(805) 625-7066	www.myonestep.org	Free 13-19 years old	Matches area youth with adult mentors and high school Big Brothers/Big Sisters with younger Little Brothers/Little Sisters
PFLAG Ventura	(805) 650-3327	www.pflag.org	Free Donations appreciated	PFLAG, <i>Parents, Families & Friends of Lesbians & Gays</i> , provides support, education & advocacy to families/allies of the lesbian, gay, bisexual & transgender community. PFLAG's goal is to help families through the often-difficult adjustment when a member comes-out as gay or transgender. Meet every 4th Tues, 7:00pm at Unitarian Universalist Church, 5654 Ralston St., Ventura
Parent Project -Thousand Oaks Police Department -Camarillo Police Department	(805) 371-8362 (805) 388-5131	www.parentproject.com	\$20 for Book	Parent training program for parents of difficult/out of control adolescents to reduce juvenile crime, recidivism and improve both school performance and attendance; provides essential tools for parents dealing with adolescent behaviors. In English and Spanish
Rainbow Connection Family Resource Center	(805) 485-9643	rainbowconnectionfrc.weebly.com/	All ages	Support, information, workshops and resources for individuals served by Tri-Counties Regional Center, their families and their communities. Lending libraries covering a broad range of disabilities and special needs for all age groups containing books, videos, reference materials and switch toys.
Roundtable Counseling, Inc.	(805) 388-3835	www.rtcounseling.com	IOP groups for ages 13-64 - \$1500-\$1800/month Individual counseling for all ages – Sliding Scale All PPO Insurance accepted	Intensive outpatient group therapy, individual therapy, family therapy, support groups and parent education
Safe Kids Ventura County	(805) 981-5225	www.safekids.org	Free services for all Ventura County residents	Education on unintentional injury prevention for children ages 0 - 17 yrs
Sunderlin Behavioral Interventions LLC	(805) 208-3875	www.sunderlinbcbba.com	Children 2 years to Young Adult Tri-County families welcome. Medi-Cal (Beacon) Private Pay	We provide behavior management by using Positive Behavior Support strategies to achieve long lasting behavior change. This evidence-based approach uses a collaborative model by combining Behavior Analysis, Person Centered Values and System Change. Reference: Autism, ADHD, ADD, Social Skills Deficits
Teen Challenge Ventura	(805) 648-3295	www.teenchallenge.org	Free	12-month residential program for women eighteen years of age and over (check locations for male eligibility)
The Arc of Ventura County	(805) 650-8611	www.thearcvc.org	Must be eligible for Regional Center services No cost for individual seeking services	Job development, job coaching, community integration, behavior management, integrated work program, support services for independent living and transition to independent living
Tri-County GLAD -Greater Los Angeles Agency on Deafness, Inc.	(805) 644-6322 (805) 644-6323 TTY	www.tcglad.org		Addresses needs of the deaf and hard of hearing including interpreters, communication access, peer counseling, employment development, information and referrals, independent living skills
United Parents	(805) 384-1555	www.unitedparents.org	Free	Support groups in English and Spanish for ALL parents throughout Ventura County Resources and referrals
VC Jewish Family Services	(805) 641-6565	www.ifsvc.org	Sliding Scale	Provides individual, group and family counseling, school-based services, socialization groups for children on the autism spectrum, parenting classes and information; referrals also provided throughout the county
Ventura County Public Health -Children's Health Promotion	(805) 981-5240	www.vchca.org	Families with children birth to 5 years Free services to all Ventura County residents	Developmental screenings which identify children who may be at risk of developmental delays Individual consultation and education for families with children birth - 5 yrs who have developmental, behavioral and/or learning concerns

Category	Phone	Web Address	Eligibility/Cost	Program Description
YMCA-				
-Camarillo YMCA	(805) 484-0423	www.ciyymca.org/camarillo		Serving Part of Ventura/Santa Barbara Counties Offices in Camarillo, Ventura, Montecito, Santa Barbara, Lompoc & Santa Ynez
- Conejo Valley YMCA	(805) 523-7613	www.sevymca.org/conejo/	Cost	Serving Thousand Oaks and Moorpark
- Miller Family YMCA of Newbury Park	(805) 480-0309	www.sevymca.org/newburypark/	Cost	Serving Newbury Park and Thousand Oaks
- Triunfo YMCA	(818) 706-0993	www.sevymca.org/triunfo/	Cost	Serving Agoura Hills, Westlake Village, and Oak Park
- Ventura YMCA	(805) 642-2131	www.ciyymca.org/ventura	Cost	Serving Part of Ventura/Santa Barbara Counties Offices in Camarillo, Ventura, Montecito, Santa Barbara, Lompoc & Santa Ynez

HEALTH AND BENEFITS				
Category	Phone	Web Address	Eligibility/Cost	Program Description
Children's Services Auxiliary (CSA)	(805) 751-8697	www.csavc.org	Free to Ventura County's court-dependent children (foster care, group homes, Casa Pacifica, relatives or guardians, court supervision).	CSA provides reimbursement and funding for medical and dental needs that are not covered by other funding sources.
County of Ventura Human Services Agency (HSA)	(805) 654-5000 Gen Info number (866) 904-9362	www.ventura.org	Low income individuals and families who meet income guidelines	Application for CalWORKS, CalFresh, Medi-Cal and General Relief
- CalWORKs	(888) 472-4463	www.ventura.org	Low income individuals and families who meet income guidelines	Provides temporary financial assistance, subsidized child care, and employment-focused services to low-income families with children
-Medi-Cal	(805) 472-4463	www.ventura.org	Low income individuals and families who meet income guidelines	Provides access to quality health care services through the federal Medicaid program for children and adults who have limited resources or income
County of Ventura Health Care Agency -California Children's Services (CCS) and Medical Therapy Program	(805) 981-5281	www.vchca.org/ccs-california-children-s-services	Financial and residential eligibility requirements Must be a resident of the CCS County they are applying for No financial eligibility for the Medical Therapy Program	Provides medical case management and helps connect children from birth to age 21 with qualifying diagnoses to health care services The Medical Therapy Program is part of CCS and provides physical and occupational therapy services to children with eligible diagnoses
County of Ventura Health Care Agency -CHDP (Child Health and Disability Prevention Program Administration)	(805) 981-5291	www.vchca.org		No cost well-child preventive health care screenings for low income and Medi-Cal eligible children and teens
County of Ventura Health Care Agency --Childhood Immunizations	(805) 981-5221 Central Appt Desk	www.vchca.org		Provides low cost immunizations for those who qualify Immunizations include: Polio, tetanus, diphtheria, Pertussis, Measles, Mumps, Rubella, Meningitis, Varicella and Hepatitis A&B Vaccines
County of Ventura Health Care Agency -WIC (Women, Infants and Children) Nutrition Program	(805) 981-5251	www.vchca.org/women-infants-and-children-wic		Nutrition education, breastfeeding support, supplemental food and referrals for financially eligible women, infants and children up to 5 yrs of age Shelf-stable and manageable quantities of food provided for those without adequate refrigeration
Gold Coast Health Plan	(805) 312-0345	www.goldcoasthealthplan.org		Ventura County's organized health system for Medi-Cal beneficiaries
Public Health Clinics	(805) 981-5221	www.vchca.org/public-health-clinics	Sliding Fee Scale (low or no-cost based on ability to pay): Medi-Cal, private insurance, check, or credit card (Visa and Mastercard) Special criteria for certain programs	Provide wellness screenings, education, and treatment services Services include immunizations (child and adult), TB skin testing, family planning services and pregnancy testing, sexually transmitted infection (STI) screening and treatment, travel advisory linked, well-child examinations and referrals Free HIV rapid testing

Category	Phone	Web Address	Eligibility/Cost	Program Description
Public Health Clinics	(805) 981-5221	www.vchca.org/public-health-clinics	Sliding Fee Scale (low or no-cost based on ability to pay): Medi-Cal, private insurance, check, or credit card (Visa and Mastercard) Special criteria for certain programs	Provide wellness screenings, education, and treatment services Services include immunizations (child and adult), TB skin testing, family planning services and pregnancy testing, sexually transmitted infection (STI) screening and treatment, travel advisory linked, well-child examinations and referrals Free HIV rapid testing
Social Security Administration - SSI	(800) 772-1213	www.ssa.gov	Persons with disabilities +/-or barriers to employment	Supplemental income benefits
State Disability Insurance (SDI)	(800) 480-3287	www.edd.ca.gov/disability/		Provides partial wage replacement for non-work-related illness or injury or a medically disabling condition from pregnancy to childbirth; also funds the Paid Family Leave (PFL) Program
Unemployment Claims	(800) 300-5616	www.edd.ca.gov/unemployment		Unemployment Insurance Programs, commonly referred to as UI, provides workers who lose their jobs through no fault of their own with weekly unemployment insurance payments
Ventura County Public Health -Health Care for All	(805) 981-5212	www.vchca.org/health-care-for-kids-ace	Free	Health Care for All staff are Certified Enrollment Assistors, who assist with the application process and confirm enrollment for Medi-Cal and covered CA programs. Refer individuals or families to other programs as needed: CHDP, CCS, WIC, etc. Assist with the re-enrollment process and accessing health coverage
Ventura County Veteran Services Office	(805) 477-5155	www.ventura.org/human-services-agency/veteran-services	Veterans, their dependents and survivors	Assist veterans with accessing federal and state benefits and local resources, claims to VA for service-connected injuries, pensions for wartime veterans with little or no income, education benefits, burial benefits, survivor benefits, medical referrals and information
Westminster Free Clinic	(805) 241-8366	www.westminsterclinic.org	FREE to low income/uninsured	Primary medical care, medicine, labs, mental health services, and health/nutrition education

HOUSING

Category	Phone	Web Address	Eligibility/Cost	Program Description
County of Ventura Health Care Agency -After 18/Extended Foster Services and Resources	(805) 654-3245	www.ventura.org/after-eighteen	Extended Foster Care Services - Youth 18-21 who were in foster care Jan. 1, 2012. For THP+ 18-24, emancipated from out of home placement	Identifies needs, provides appropriate referrals to services to help youth prepare for independence; supportive housing program for youth
Area Housing Authority of the County of Ventura	(805) 480-9991 Ext 235	www.ahacv.org	No cost to applicant Income eligibility varies by program	Section 8, Public Housing, Agency Owned Housing Programs for low income households; community rental listing available on the website
Bible Tabernacle -New Life Ministry - Men	(661) 298-0924	www.thebibletabernacle.com		Spiritually based recovery center, providing housing, services as needed to re-enter work, education and social environments; six-month commitment is required, passes after 90 days
Cabrillo Economic Development Corporation -- Neighbor Works Homeownership Center	(805) 659-3791	www.cabrilloedc.org		Nonprofit counseling agency approved by the US Dept of Housing and Urban Development to help families secure financial stability and affordable homeownership opportunities by providing education, counseling, lending and realty services; offers home preservation services to help families understand their options in keeping their home and/or finding alternatives when home ownership cannot be maintained
Casa Pacifica -Stepping Stones	(805) 388-7753	www.casapacifica.org/programs_services/coaching_independence_in_transitional_youth_city	Transitional housing placement and foster care provider, Youth 18-21 years of age who remain in the foster care system as non-minor dependents	Coaching Independence in Transitional Youth (CITY) has a single site and remote site housing option for up to 11 non-minor dependents participating in extended foster care; service emphasis is on pregnant and parenting youth

Category	Phone	Web Address	Eligibility/Cost	Program Description
Children of the Night	(800) 551-1300	www.childrenofthenight.org	No Cost	Home for child prostitutes Toll-free nationwide hotline able to rescue children 24 hours/day Free taxi/airline transportation provided nationwide to their home
Council on Alcoholism and Drug Abuse -Project Recovery Outpatient Treatment Program	(805) 963-1433	www.cadasb.org		Homeless Outreach by the Council on Alcohol and Drug Abuse: residential detox, transitional beds, recovery services and a prenatal program for pregnant women and women with children
County of Ventura Human Services Agency -Youth Services Division	(805) 654-3405	www.ventura.networkofcare.org	Centralized services for both in care (ages 15-18) and out of care (18-21) who have emancipated from the foster care system.	Provides specialized placement (group home) case management and administers the Independent Living Program (ILP) in Ventura County (housing, education, health, employment/vocational, mentoring, transportation and independent living basic skills classes)
Homeless Services	(805) 654-3200	www.ventura.org/human-services-agency/services-for-homeless-people	Eligibility requirements apply	Homeless Prevention and Rapid Re-Housing Program makes funds available to local residents who are currently homeless or facing homelessness from rental housing within 30 days
-RAIN Transitional Living Center	(805) 383-7505	www.ventura.networkofcare.org/mh/services/agency.aspx?pid=CountyofVenturaHumanServiceAgencyRainTransitionalLivingCenter_211_2_0	No Cost to Homeless Individuals and Families	Temporary housing and services for individuals and families transitioning from homelessness to rental-permanent housing through employment and self-sufficiency
Independent Living Resource Centers (ILRC)	(805) 650-5993	www.ilrc-trico.org	Supports for people with disabilities	Assists anyone with a disability with accessible housing, personal assistant services, benefits assistance, independent living skills, community transitions program, communication assistance, deaf services, assistive technology, peer support, and veterans outreach
Khepera Recovery House	(805) 691-2508	www.kheperahouse.org		Three to five-day detox Three to six-month residential substance abuse treatment for men with sober living up to one year
Lighthouse for Women & Children	(805) 385-7200	www.vcrescuemission.org	Free	Emergency homeless shelter, Life Recovery Program, Transitional living
Many Mansions	(805) 496-4948	www.manymansions.org		Affordable Housing and Services provider for homeless and limited income families and individuals with disabilities
Prototypes -Women's Center Ventura County	(805) 382-6296	www.prototypes.org	Varies	Residential treatment center that supports Mothers & Children with substance abuse
Salvation Army (Ventura County)	(805) 483-9235	www.salvationarmy.usawest.org		Recovery for Families. Transitional housing for women and family units Ventura Safe Sleep for those living in their vehicles and homeless case management through Homeless 2 Home Food Pantry services, eviction prevention and homeless court
The Arc of Ventura County	(805) 650-8611	thearcvc.org	Must be eligible for Regional Center services No Cost to those who qualify	Supported services for independent living (SSIL) provides opportunities to learn or maintain independent living skills; includes training at the individual's home and in the community; self-advocacy, self-esteem, confidence building and positive decision making
Turning Point Foundation	(805) 652-2151 Residential Prog	www.turningpointfoundation.org		Offers shelter, housing, rehabilitation, and support services for adults dealing with mental illness Ten bed shelter for persons who are mentally ill in Ventura
Ventura County Rescue Mission	(805) 487-1234	www.vcrescuemission.org	Free for males 18 years and up	Place to sleep, hot meal and shower, residential recovery
Villa Esperanza Services	(805) 446-1939	www.villaesperanzaservices.org	18 and up with Developmental Disability	Independent Living Services as well as Licensed Residential Assistance

LEGAL/ADVOCACY/ LAW ENFORCEMENT				
Category	Phone	Web Address	Eligibility/Cost	Program Description
By the People Document Preparation Center	(805) 526-7351	www.BTPdocs.com	Ventura County Simi Valley	Self-Help document preparation services for Conservatorship, Living Trust, Special Needs Trust Over 100 low-cost documents offered
California Rural Legal Assistance	(805) 485-8083	www.crla.org		Housing advocacy for the rural poor
CASA -Court Appointed Special Services for Children	(805) 389-3120	www.casaofventuracounty.org	Children/youth referred by Juvenile Dependency Court Volunteers background checked and trained	Recruits, screens, trains and supports volunteers who become sworn officers of the Court to advocate for the best interests of abused and neglected children in courtrooms and communities.
Community Action Program	(805) 436-4000	www.ca-vc.org		Legal services/no cost legal assistance to the low income, homeless residents of Ventura County
Conejo Free Clinic: Thousand Oaks	(805) 497-3575	www.conejofreeclinic.org	Free	Legal and medical services
County of Ventura Department of Child Support Services	(866) 901-3212	www.ventura.org/department-of-child-support-services		Locates parents, establishes paternity, obtains and enforces child and health support orders; collects and distributes child support payments
County of Ventura Human Services Agency - Adult Protective Services	(805) 658-4450 APS General Info (805) 654-3200 24 Hr. Reporting	www.ventura.org/human-services-agency		Investigates reports of elder or dependent adult abuse or neglect, including self-neglect; based on an assessment of their findings, staff develops a plan to preserve the rights, interest, safety and welfare of the elderly or disabled adult client
County of Ventura Human Services Agency -Public Administrator/Public Guardian	(805) 654-3141 Leave message	www.ventura.org		Makes final arrangements for indigent residents of Ventura County and for those who have no family to make such arrangements; manages the estates of deceased Ventura County residents who have no other administrator available
County of Ventura Public Defenders Office	(805) 654-2201	www.pubdef.countyofventura.org		Provides representation in criminal, juvenile, mental health, probate and dependency cases for those unable to afford a private lawyer
Crisis Intervention Trained Officers	Call 911 and request a CIT trained officer	www.venturacountycit.org		Functions as mental health training for law enforcement officers as well as providing referrals & resources to Ventura County's mentally ill, developmentally disabled, brain injury survivors and their families
El Concilio	(805) 486-9777	www.elconciliofs.org	All Counties/Cost based on process	Recognized and accredited by the Board of Immigration Appeals to provide services on immigration and citizenship: Immigrant Visa, Family Petitions and Deferred Action for Childhood Arrival, Naturalization, VAWA, T-Visas, U-Visas, FBI and DOJ Livescans, etc.
Office of Clients' Rights Advocacy	(805) 308-8950	www.disabilityrightsca.org/what-we-do/programs/office-of-clients-rights-advocacy-ocra	Free	Provides free legal information, advice and representation to regional center participants. We are a unit of Disability Rights California. We are funded through a grant through the Department of Developmental Services. We advocate, educate, investigate and litigate to advance the rights, dignity, equal opportunities and choices for all people with disabilities.
Parent Project -Thousand Oaks Police Department -Camarillo Police Department	(805) 371-8362 (805) 388-5131	www.vcsd.org	\$20 for Book	Parent training program for parents raising difficult/out of control adolescents to reduce juvenile crime, recidivism and improve both school performance and attendance; provides essential tools for parents dealing with adolescent behaviors. in English and Spanish
State Council on Developmental -Disabilities (SCDD) -Central Coast Office	(408) 324-2106	www.scdd.ca.gov	No Cost	Helps connect people with developmental disabilities and their families to needed services and supports; encourage and assist advocacy organizations; educate the public about disabilities and the importance of full inclusion of individuals with developmental disabilities in the community

Category	Phone	Web Address	Eligibility/Cost	Program Description
Ventura Center for Dispute Settlement	(805) 384-1313	www.vcds.bz		Assists in settling disputes out of court; provides free mediation, conciliation and arbitration services to low income clients to resolve landlord/tenant, neighbor, employer, small claims, consumer, family/domestic and other disputes
Ventura County District Attorney -Crime Victims' Assistance Unit	(805) 654-3622	www.vcdistrictattorney.com	None	The Crime Victims' Assistance Unit functions to guide victims through the criminal justice process, to ensure victims' rights are honored, and to assist victims in obtaining services to help them cope with the trauma they have suffered. Through the efforts of a dedicated team of Victim Advocates, the Victims' Assistance Unit provides comprehensive services to victims of all types of crime.
Ventura County Probation Agency	(805) 654-2106	www.venturaprobation.org/		The Ventura County Probation Agency serves the citizens of Ventura County in a variety of functions. We are committed to community safety by providing services to the victim, offender and community. We provide individual interventions for those under our supervision to help ensure their success in the community. As officers of the Courts, we write both adult and juvenile presentence reports. We monitor both adults and youth, allowing them to remain in the community under supervision. Probation manages the Work Release Program for adults and oversees the Juvenile Facilities, which houses in-custody youth.
VC Jewish Family Services	(805) 641-6565	www.ifsvc.org	Services free for students Counseling sliding scale in clinics	Provides a free legal clinic monthly in Ventura Attorneys volunteer their time Referrals provided for free legal service throughout the county

MENTAL HEALTH SERVICES

Category	Phone	Web Address	Eligibility/Cost	Program Description
ABRITE	(844) 322-7483	www.abrite.org	Contact info@abrite.org or call (844) 322-7483 for eligibility/cost	ABRITE is devoted to providing individualized behavioral services to children and adolescents from 1 to 22 yrs of age. We utilize the principles and methods of ABA by analyzing the child's specific needs and creating an individualized learning environment and program of instruction. We accomplish this goal by identifying the conditions under which each learner will reach their original potential. We then introduce methods to remediate the child's deficits while also implementing protocols designed to decrease undesirable behaviors (i.e., tantrums, aggression) that may interfere with the child's learning. Each child's progress is measured daily by the interventionists and monitored frequently by the supervising clinician, and therefore, poor or slow behavior is recognized immediately and corrected.
Aspiranet -Intensive Home-Based Services	(805) 289-0120	www.aspiranet.org	Referrals are made by Children & Family Services Social Workers. Therapy is provided for up to 6 months. The modalities used (Cognitive Behavioral and EMDR) are designed to be effective with clients in short term therapy.	Aspiranet provides therapy to clients in the child welfare system that have lost their children to out of home placement and are working towards reunification. Therapy provided in the home, office or wherever the client determines is best. Focus is on crisis stabilization, family of origin, chemical dependency, domestic violence, and other determinants of the behavior that led to child removal.
Asperger's Support for Adolescents Plus (Ventura County)	(805) 646-5467	vcasap.org/		Social support group for teens and young adults with Asperger's or High-Functioning Autism
Aurora Vista del Mar Hospital	(805) 653-6434	www.vistadelmarhospital.com	Ages 12-17	Adolescent Inpatient and Outpatient Services for the stabilization and treatment of emotional and behavioral psychiatric disorders. <ul style="list-style-type: none"> • Inpatient Adolescent Center • Adolescent Intensive Outpatient Program (IOP) • Evidenced Based Programming • Individualized Treatment Plans

Category	Phone	Web Address	Eligibility/Cost	Program Description
Cal Lutheran Community Counseling Centers	(805) 493-3390	www.clucounseling.org	\$20 intake; sliding scale \$20-\$50 with grants to subsidize fees	Two centers at the Oxnard & Thousand Oaks CLU campuses provide family, individual, group, couple, and child counseling services
Casa Pacifica -Intensive Home-Based Services (IHBS)	(805) 366-4310	www.casapacifica.org	Specialty Mental Health Services if: Under the age of 21 Are eligible for the full scope of Medi-Cal services Meet medical necessity criteria	Intensive, individualized and strength based, needs driven intervention activities that support the engagement and participation of the child or youth and his/her significant support persons and to help the child or youth develop skills and achieve the goals and objectives of the specialized plan
Casa Pacifica -Parent-Child Interaction Therapy	(805) 366-4420	www.casapacifica.org	Medi-Cal	Intensive treatment program that works with both parents and children to improve the quality of relationships and to “coach” parents on managing children’s behaviors Consists of two parts: A Relationship Enhancement/Child Directed Interaction Component and a Discipline/Parent Directed Interaction Component
Casa Pacifica -Therapeutic Behavioral Services	(805) 366-4310	www.casapacifica.org	Full-scope Medi-Cal & MHP medical necessary criteria & currently receive specialty mental health services, and are at risk of being placed in an RCL 12 or higher RTP, or are in an RCL 12 or above setting & are at risk Referrals made by the child’s clinician	Assists children/youth to remain at home with their parent, caregiver or current guardian A time limited (4-6 months) behavioral intervention that works alongside the youth’s counseling/clinical treatment team
City Impact	(805) 983-3636 Ext 102	www.cityimpact.com	Sliding Fee Scale (low or no-cost based on ability to pay), Medi-Cal for children 18 and under Special eligibility criteria for certain programs	City Impact Counseling Center’s purpose is to provide bilingual mental health services that are family friendly and easily accessible in our main office as well as at schools, homes, family resource centers and other community venues.
Clinicas del Camino Real	(805) 647-6353	www.clinicas.org	MediCal, Medicaid	Serves individuals and families with emotional problems, substance abuse and mental health needs
Ebsen, Kristina, MA, LMFT, ATR	(805) 794-9671	www.reidsgift.org/art-therapy		Clinical Art Therapist (ATR #16-262) and Marriage and Family Therapist (CA Lic #98268) specializing in person-centered work with individuals or family members of individuals with disabilities. Clients who have seen the most benefit are often people with autism, young women or mothers, and those having trouble finding fulfillment as they mature.
Engage Treatment Programs	(805) 497-0605	www.engagetherapy.com	Pre-Teens 9-12 years Teens 13-17 years Adults 17-24 years	Outpatient Programs. <i>Engage Me</i> supports pre-teens in managing symptoms of a mental health diagnosis. <i>Engage Recovery</i> supports youth in learning skills to lead a healthy and sober lifestyle. <i>Engage Thrive</i> is for young adults struggling with mental health issues during the transition from teen to adulthood.
Evolve Treatment Centers	(877) 620-4598	www.evolutetreatment.com	Ages 12-17	Offers solution focused, evidence-based programs which help teens envision and create a future worth living for
Interface Children & Family Services -Mental Health and Youth Services Sites: -Camarillo, Oxnard, Thousand Oaks, Moorpark, Santa Paula	(805) 485-6114	www.icfs.org	Eligibility: Most services focused on youth 0-21 Some Adult Services Cost: Medi-Cal; Low and No Cost depending on specific service Call Ext 662 for information	<i>Mental Health Services:</i> Individual, family, group therapy, case management and skill building for youth; <i>Special Services:</i> Parent-Child Interaction Therapy (PCIT) – parent/child intervention to increase compliance to parent directives, improves parent/child relationship, reduce disruptive behavior; <i>Program to Evaluate & Treat Sexual Abuse (PETA)</i> – multi-family group and individual treatment focused on trauma recovery from sexual abuse; parent group; age specific victim groups 16-18 weeks
Kids and Families Together	(805) 643-1446	www.kidsandfamilies.org	Foster, Adoption, Kinship and Biological families who are referred by county or self-referred for our Attachment Focused Therapy and Services Medi-Cal and sliding Fee	Attachment focused clinical services that build relationships, strengthen families and enhance attachment between parents and children
National Alliance on Mental Illness (NAMI) Ventura County	(805) 500-NAMI (6264)	www.namiventura.org	NAMI Ventura County offers high quality programs at no cost to people impacted by serious mental illness, including family members.	Classes for family members of people living with a mental illness; classes for people diagnosed with a mental illness; support groups, expert speakers for any group and school programs

Category	Phone	Web Address	Eligibility/Cost	Program Description
National Latino Behavioral Health Association	(818) 713-9595	www.nlbha.org		Mental Health Services
New Dawn Counseling and Consulting, Inc.	(805) 278-0799	www.newdawnccnc.com	<p>Early intervention program at no cost for parents/guardians of children 0-5 years of age.</p> <p>Mental Health Referrals accepted for children and youth 0-18 years of age with Medi-Cal insurance as authorized by Ventura County Behavioral Health's STAR Program.</p> <p>Referrals accepted from Kaiser Permanente for children, youth and adults.</p> <p>\$25 per session with a 10% discount for advanced full payment</p>	<p>Positive Parenting Program (Triple P) is a brief (8-10 sessions) prevention and early intervention, evidence-based model that empowers parents/caregivers with effective strategies and interventions to reduce a child's negative behaviors. Seminars, groups and individual services are available for families with children 0-5 years of age.</p> <p>Specialty mental health services for children 0-18 years of age with Full Scope Medi-Cal. Offering Brief Strategic Family Therapy (BSFT)</p> <p>Specialty mental health services offered to individuals 0-99 that are referred by their primary care physician.</p> <p>Co-Parenting class is a 10 session course designed to provide skills to families experiencing co-parenting challenges.</p>
Oceanview Adult Day Program --Positive Behavioral Support Program	(805) 986-4818	www.facebook.com/oceanviewadultdayprogram	TCRC eligible	<p>Social recreation program for ages 18-80 with behavioral supports, anger management and social skills</p> <p>Music, Art & Theatrical Activities for building self-esteem and promoting self advocacy</p>
Palmer Drug Abuse Program of Ventura County (PDAP)	(805) 482-1265	www.pdapofventura.com	Medi-Cal accepted	Outpatient substance abuse programs for ages 11 to 20 w/parent support groups
STAR of CA -Behavioral and Psychological Services	(805) 644-7827	www.starofca.com	TCRC eligible, Insurance, Private Pay, and Sliding Fee	<p>STAR of CA offers comprehensive mental health services including evidence-based counseling, psychodiagnostic assessment, and group therapy</p> <p>Offers family support services to address developmental disabilities or behavioral challenges through parent education, ABA therapy and assessment</p>
TAY Tunnel	(805) 240-2538	www.PacificClinics.org	Youth 18-25 yrs old	Peer to peer supports focusing on wellness & recovery
The Soldiers Project	(818) 761-7438	www.thesoldiersproject.org	Free	Confidential psychological counseling for military and their families
United Parents -FAST (Family Access & Support Team)	(805) 384-1555	www.unitedparents.org	By referral only Child/teen must be a client of Ventura County Behavioral Health Fee for service available	<p>Experienced & trained Parent Partners work with families to avoid conflict and crisis in the home</p> <p>Work closely with clinician(s) toward treatment goals</p>
Ventura County Behavioral Health -Adult Services	(866) 998-2243	www.vchca.org/mental-health-adult-services	Moderate to Severe Medi-Cal Eligible	<p>Ventura County Behavioral Health provides outpatient mental health services to adults, 18 & older, at eight clinics located throughout Ventura County. Services are also provided in the community, in the home and within residential placements as needed to serve client needs.</p> <p>Each clinic is staffed with a multi-disciplinary team that provides a wide array of services designed to treat severe symptoms of mental illness and assist individuals and their families in living successfully in the community. Each clinic provides psychiatric assessment, medication services, psychological testing, individual and group therapy, crisis intervention, rehabilitation services and case management services.</p> <p>In addition, the outpatient programs assist individuals in obtaining employment, accessing medical care, treatment for addictions, socialization programs and safe and secure housing as available.</p> <p>We offer supportive services and programs to serve the needs of our adult clients.</p>

Category	Phone	Web Address	Eligibility/Cost	Program Description
Ventura County Behavioral Health -Alcohol and Drug Prevention Programs	(866) 981-9200	www.vchca.org/treatment	Fees are based on ability to pay	Ventura County Alcohol & Drug Programs offer a range of outpatient treatment services designed to help individuals coping with a substance use disorder. Our services include screening, crisis intervention, individual, group and family counseling, HIV education, assessment and evaluation, referrals to community-based services, and outreach to the community.
Ventura County Behavioral Health -Assist AOT: Assisted Outpatient Treatment Program	(805) 981-4233 After Hours/Crisis (866) 998-2243	www.vchca.org/assist-assisted-outpatient-treatment-laura-s-law	Services available for adults suffering from a serious mental illness yet are reluctant to accept the treatment they clearly need. Call for more information.	Assist is Ventura County Behavioral Health's Assisted Outpatient Program (sometimes referred to as "Laura's Law"). Assist provides needed treatment to individuals with serious mental illness who have difficulty living safely in the community and who have declined mental health care and/or have struggled to engage in mental health treatment in the past. Assist employs a client-centered approach to outreach and engagement in the hope of gaining individuals' voluntary acceptance of mental health services. The court process is only used after every effort has been made to encourage individuals who need treatment to voluntarily participate in Assist.
Ventura County Behavioral Health -CalWORKS Program	(805) 289-3349	www.vchca.org/calworks	Must be active Welfare to Work Participant Obtain a referral from Employment Specialist	The CalWORKS Behavioral Health Program is a partnership between the Human Services Agency and Ventura County Behavioral Health. This program targets the welfare to work population and works to eliminate barriers to self-sufficiency through behavioral health, drug, and alcohol services. To reduce barriers to self-sufficiency, CalWORKS Behavioral Health Program provides assessment, therapy and case management services to those in the welfare to work population. The clinicians are co-located at Job and Career Centers across the county.
Ventura County Behavioral Health -Child Welfare Subsystem	(805) 339-3753	www.vchca.org/child-welfare-subsystem-foster-care	Must have an ongoing Child Welfare Case	The Child Welfare Subsystem (CWS) is a specialized program of the Behavioral Health Department. This program provides behavioral health services to children/youth entering the dependency system in Ventura County through collaboration with the Human Services Agency/Children and Family Services. Referrals come from the Children and Family Services (CFS) Social Worker and all children receive a Mental Health Screening and assessment for mental health service as needed.
Ventura County Behavioral Health -Screening Triage, Assessment and Referrals (STAR) -Rapid Integrated Support and Engagement (RISE)	(805) 981-4200	www.vchca.org	Services available for children, youth and adults	STAR is the centralized Screening, Triage, Assessment and Referral for individuals seeking mental health services provided by Ventura County Behavioral Health. RISE provides support and engagement within the community to prevent clients from "falling through the cracks" by engaging them early, frequently and comprehensively via bridge building services.
Ventura County Behavioral Health -Transitions Program	(866) 998-2243	www.vchca.org/transitions	18-25 yrs including case management, individual and group treatment, rehabilitation, and medication management	Behavioral Health Program located in Oxnard and Thousand Oaks; comprehensive mental health treatment for those with serious mental illness and functional impairments, including case management, individual and group treatment, rehabilitation, and medication management
Ventura County Behavioral Health -Youth and Families Services	(805) 998-2243	www.vchca.org/mental-health-youth-family-services	Moderate to Severe Medi-Cal eligible	Youth and Family Services provide integrated mental health services by working with the Community and other agencies/entities such as school districts, Human Services Agency/Children Family Services, Juvenile Justice System and Children's Medical Services. Comprehensive services include: psychiatric assessment and treatment, case management, outpatient psychotherapy, psychological testing, home based services, acute care of crisis and hospitalization. Outpatient clinic services are offered at seven locations throughout the county.
Ventura County Public Defender -Adult Mental Health Court	(805) 654-2201	www.pubdef.countyofventura.org	Referrals through court, public defender, attorney, law enforcement, or behavioral health	Alternative treatment for seriously mentally ill offenders; Forensic Services Program (FSP) works with courts/law enforcement agencies to divert seriously mentally ill clients from jail into treatment

PREVENTION

Category	Phone	Web Address	Eligibility/Cost	Program Description
City Corps	(805) 385-8123	www.citycorps.org		City Corps is a community service youth organization that nurtures personal initiative, fosters leadership development, and teaches civic responsibility and active citizenship to youth ages 12-24.
Interface Children & Family Services	(805) 485-6114 24/7Hotline: (800) 636-6738	www.icfs.org	Youth up to age 18 years MHSA Funded/Medi-Cal	Evidence Based Parent Education Program; Individual group interventions for parents of children 2-18 years to increase parenting skills and strategies; offered to communities of Simi Valley, Moorpark, Thousand Oaks, Camarillo, El Rio, Santa Paula Fillmore, Piru and Casitas
Parks and Rec. -Conejo	(805) 381-2739	www.crpdp.org		Community Park and Rec Programs: Some have specific programs for target populations
-Pleasant Valley/ Camarillo	(805) 482-1996	www.pvrpd.org/parks	All ages	Recreation and Park District providing social programs for youth, teens & adults with special needs
- Rancho Simi Recreation and Park District	(805) 584-4400	www.rsrdp.org	Various costs based on program/course	After school care for elementary age at various Simi Valley USD campuses
-Ventura	(805) 658-4726	www.ventura.org/parks-department		
Police Activities League (Oxnard)	(805) 385-8230	www.oxnardpal.org	Oxnard area youth	Promotes involvement between youth, police, and citizens of the City of Oxnard
Police Activities League (Ventura)	(805) 654-7807	www.venturapal.org	Ventura area youth	Promotes involvement between youth, police, and citizens of the City of Ventura
Stepping Stone Foundation -Ventura County LGBTQ Center	(805) 419-9369	www.ventura.networkofcare.org/foster/services/agency.aspx?pid=JAMESCOSPERSSTEPPINGSTONEFOUNDATIONVENTURACOUNTYLGBTQCENTER_1195_5_0	Free services to the community	Dedicated to ending bullying; offers a 24-hour free hotline dedicated to individuals being bullied: 1-855-U-MATTER. Free counseling, support groups, sensitivity training
Telecare - VIPS Program	(805) 477-9848	www.telecarecorp.com/vips	16-25-year olds in Ventura County with early warning signs of psychosis; 16-25-year olds in Ventura County who have had psychotic symptoms for up to one year	VIPS is an early intervention and prevention program for 16-25 year olds in Ventura County that are at risk for developing psychosis and for those that have had psychotic symptoms for up to one year. Program includes: Multi-Family groups, Psychoeducation. Psychiatric/Medication options, education and employment support, nursing services, individual therapy and social outings.
The Partnership for Safe Families and Communities of Ventura County -(The Partnership)	(805) 535-4489	www.partnershipforsafefamilies.org		Community awareness and community resources available for prevention of child abuse and neglect, family and community violence prevention; Networking, education, outreach, and communication resources for children, families, elders, and the professionals who serve them
Ventura County Public Health -CHDP/Oral Health/Lead Poisoning Prevention Program and CHDP Health -Care Program for children in foster care	(805) 981-5291	www.vcchdp.org	California infants, children and teens	CHDP is a health promotion and disease prevention program which offers periodic preventive health screening assessments to California infants, children and teens. CHDP also offers the Lead Poisoning Prevention Program - information and resources for lead poisoning, case management to lead burdened children, and provides community outreach and education. Oral Health Program provides information regarding fluoride varnish application and preventive dental care. HCPCFC coordinates health care services for children in Foster Care and provides assistance for children who are located within Ventura County, out of county and out of state. CHDP serves as a liaison for Child Welfare Services and Juvenile Probation.
Ventura County Public Health -New Parent Kit Program	(805) 981-5240	www.first5ventura.org/kit-new-parents	Free	The kit contains parenting information, advice and useful tips for first-time parents.

Ventura County Public Health -Safe Kids Ventura County	(805) 981-5225	www.safekidscalifornia.org	Children ages 14 and under	Safe Kids Ventura County is a member of Safe Kids Worldwide, a global network of organizations dedicated to preventing accidental injury; community partners with a common goal of working together to improve childhood safety through information and education. Injury areas include: home safety, drowning prevention, poison prevention, child passenger safety, pedestrian safety and wheeled sports safety.
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SOCIAL SERVICES

Category	Phone	Web Address	Eligibility/Cost	Program Description
Adolescent Family Life Program-Positive Youth Development (AFLP-PYD) -Ventura County Public Health	(805) 981-5177	www.vchca.org/adolescent-family-life-program-positive-youth-development-aflp-pyd-cal-learn-program	Free	Program for expectant and parenting teens. AFLP-PYD provides comprehensive, youth-focused, case management services to improve the health of the teen and their child, improve graduation rates, reduce repeat pregnancies and subsequent teen births, improve linkages to resources, and create networks for expectant and parenting teens. Each teen enrolled is assigned to a case manager who will help them achieve successful outcomes.
Aspiranet -Multi Dimensional Treatment Foster Care (MTFC)	(805) 289-0120	www.aspiranet.org	7-17 yrs; must have a permanent/long-term home to return to at the time of referral; must be able to cognitively understand and navigate behavior contingency system; a typical youth in the program has had persistent behavior problems and has failed in multiple out of home placements	MTFC is a specialized foster care program designed to treat emotionally/behaviorally challenged children and teens that have been unsuccessful in traditional foster homes. MTFC uses a behavioral-based team approach to help kids decrease and/or eliminate problem behaviors and discover newfound success at home, school, and in their communities.
Catholic Charities	(805) 987-2083	www.catholiccharitiesusa.org		Temporary aid, seasonal utility assistance, rental assistance, food and clothing
Community Pregnancy Clinic of Simi Valley	(805) 583-3590	www.cpcsimi.org	Free	Pregnancy testing. Limited: Obstetric ultrasound, STI testing, pregnancy related education, referrals and information, diapers and wipes, community referrals. All services are confidential.
County of Ventura Human Services Agency -Children and Family Services	(805) 654-3200	www.ventura.org/human-services-agency	Information about preventing and reporting abuse	Provides protection for children who are at risk of, or are being physically, sexually or emotionally abused, neglected or exploited
County of Ventura Human Services Agency -Foster VC Kids	(805) 654-3200	www.fostervckids.org	Information about preventing and reporting abuse available at www.vchsa.org	Provides recruitment, training and support services for Resource Families, including adoptive, foster and approved relative caregivers countywide who are caring for children in the Ventura County Foster Care System.
County of Ventura Human Services Agency - CalWORKS	(866) 904-9362 (805) 472-4463	www.ventura.org/human-services-agency www.ventura.org/human-services-agency	Low income individuals and families who meet income guidelines Low income individuals and families who meet income guidelines	Application for CalWORKS, CalFresh, Medi-Cal and General Relief Provides temporary financial assistance, subsidized child care and employment focused services to low income families with children; benefits application assistance for MediCal, Food Stamps, and General Relief
FOOD Share	(805) 983-7100	www.foodshare.com	Free	Emergency Food Pantries Senior Food Kits, Kids Farmers Market, Community Market, FOOD Share & Friends Mobile Pantry
Forever Found	(805) 306-8018	www.ForeverFound.org		Non-Profit Organization dedicated to the fight against child trafficking both domestically and internationally
Help of Ojai	(805) 646-5122	www.helpofojai.org		Valley Outreach provides basic need services to low-income individuals including children, families, the disabled and homeless. Services include emergency food pantry, rental and mortgage assistance, utility assistance, case management services include budgeting, financial assessment, employment support, senior case management services, networking with other Ventura County agencies as needed, monthly "HELP" bags of food for homebound seniors and the disabled.
Interface Children & Family Services -2-1-1	211	www.211ventura.org	No Cost	Human Services Resource and Referral for Ventura County

Category	Phone	Web Address	Eligibility/Cost	Program Description
Interface Children & Family Services -Family Violence Intervention Services: -Domestic Violence & Human Trafficking Services	(800) 636-6738 24/7 Hotline	www.icfs.org	No Cost	Human Services Resource and Referral for Ventura County
Lutheran Social Services	(805) 497-6207	www.lsssc.org	No Cost	Homeless: H2H (Homeless to Home) program in the field and in office to at risk and homeless individuals and families Emergency Services: Provides clothing, emergency vouchers for hotels, bus, gas and utilities; prescription assistance, school or hygiene packs Circles: Provides counseling, case management for housed individuals and families
Project Understanding	(805) 652-1326	www.projectunderstanding.org	Needy	Food pantry, tutoring, basic services for homeless, including shower, laundry, mail, and Public Health Nurse
Salvation Army	(805) 659-3598	www.salvationarmyusa.org		Food distribution, social services, seasonal assistance and children's summer camp
Samaritan Center, Simi Valley	(805) 579-9166	www.thesamaritancenterofsimivalley.org		Homeless Services, Wrap Around Case Management, food pantry, senior and youth service hours Housing and Job Referrals and assistance, P.A.D.S. – Winter Shelter – November through March; Family reunification, drug/alcohol referrals and services, mental health advocacy
Sarah's House -Maternity Home and Transitional Home	(805) 581-1910	www.sarahshouse-online.org	Free Required to attend school or work.	No cost shelter home program (six beds) for pregnant women (18+ yrs); three bed transitional home program for mothers and infants
The Arc of Ventura County	(805) 650-8611	www.thearcvc.org	Must be eligible for Regional Center services No cost to the individual seeking services	Nonprofit dedicated to improving the quality of life for individuals with intellectual and developmental disabilities Job development, job coaching, community integration, behavior management, integrated work program, support services for independent living and transition to independent living
Tri-County GLAD -Greater Los Angeles Agency on Deafness, Inc.	(805) 644-6323	www.tcglad.org		Addresses social service needs of the deaf and hard of hearing including interpreters, communication access, peer counseling, employment development, information and referrals, independent living skills, community education services and advocacy
Tri-Counties Regional Center	(800) 664-3177 (805) 485-3177 (800) 517-2524 (805) 522-8030	www.tri-counties.org	& Adults substantially disabled by a developmental disability before age 18. Conditions include cerebral palsy, epilepsy, intellectual disability and autism. Early Start eligibility for children under age 3 with 33% delay in either cognitive, communication, social, emotional adaptive, physical or motor development. No cost for assessment & diagnosis. Most services are free.	Lifelong services and supports may include living options, day programs, transportation, respite, medical and non-medical services, speech, occupational and physical therapy, behavior management consultation, counseling, parent training, adaptive equipment, and other services related to the disability not available through any other generic resource or insurance
VC Jewish Family Services	(805) 641-6565	www.ifsvc.org	Free	Provides non-denominational services including counseling, education, legal, referral, rental and senior services Rental assistance for women and children when funds are available

Category	Phone	Web Address	Eligibility/Cost	Program Description
Ventura County Pregnancy Center	(805) 644-3307	www.venturacpc.org	No eligibility requirements Nonprofit offers all services free of charge.	Pregnancy tests, limited obstetrical ultrasound through 14 weeks; confidential counsel and pregnancy related educational information. Our Earn While You Learn Program allows mothers and fathers to learn how to prepare for their new baby and how to be the best parents they can be, while earning "baby bucks" vouchers that can be redeemed for maternity and most of their baby's needs in our in-house boutique.
WIC (Women, Infant and Children) Nutrition Program	(805) 981-5251	www.ventura.org/human-services-agency/women-infants-children-wic		Nutrition education, breastfeeding support, supplemental food and referrals for financially eligible women, infants and children up to 5 years of age Shelf stable and manageable quantities of food provided for the homeless or those without adequate refrigeration

TRANSPORTATION

Category	Phone	Web Address	Eligibility/Cost	Program Description
Mobility Management Partners	(888) 667-7003	www.mobilitymp.net	All Free Please contact us for details for each program	ADA Eligibility services for ADA paratransit throughout Ventura County Extensive Travel Training program, including one on one/group instruction on how to use fixed transit/Metrolink/Amtrak Mileage Reimbursement Program
Ventura County Transportation Commission	(805) 642-1591 Ext 101	www.goventura.org		
-Camarillo Area Transit - Dial-A-Ride	(805) 988-4228	www.ci.camarillo.ca.us		The CAT Dial-A-Ride (DAR) is a curb to curb transit service.
-Dial-A-Ride	(805) 583-6464	www.simivalley.org		
-Ojai Trolley Services	(805) 646-5581	www.ojaitrolley.com		
-Roadrunner Shuttle	(805) 389-8196	www.rrshuttle.com		
-Simi Valley Bus Information	(805) 583-6456	www.simivalley.org		
-Thousand Oaks Dial-Ride	(805) 375-5467	www.toaks.org		